

BHARATIYA VIDYA BHAVAN , KOCHI
YEAR PLAN 2026-2027
STD IX ENGLISH

MONTH	MAIN TEXT	GRAMMAR	WRITING
JUNE (23 days)	UNIT 1 HOW I TAUGHT MY GRANDMOTHER TO READ BHARAT OUR LAND (P)	SIMPLE PAST & PAST PERFECT TENSE	LETTER TO THE EDITOR
JULY (25 days)	UNIT 2 THE POT MAKER GIFTS OF GRACE: HONOURING OUR VOCATIONS (P) - NOT TO BE INCLUDED IN P1	DETERMINERS CLAUSES- NOUN AND RELATIVE - NOT TO BE INCLUDED IN P1	
PERIODIC TEST 1 (27/07/2026- 01/08/2026)			
AUGUST (16 days)	UNIT 3 WINGS OF CHANGE CANVAS OF SOIL (P)	PRESENT PERFECT TENSE	DESCRIPTIVE WRITING (FACTUAL DESCRIPTION)
SEPTEMBER (22 days)	UNIT 4 VITAMIN-M I CANNOT REMEMBER MY MOTHER (P)	REPORTED SPEECH- INTERROGATIVE SENTENCES (WH & YES/NO)	ARTICLE WRITING
PERIODIC TEST 2 (28/9/2026- 09/10/2026)			
OCTOBER (22 days)	UNIT 5 THE WORLD OF LIMITLESS POSSIBILITIES NINE GOLD MEDALS (P)	MODAL VERBS REPORTED SPEECH- DECLARATIVE SENTENCES	NOTICE WRITING

NOVEMBER (23 days)	UNIT 7 CARRIER OF WORDS WORDS (P)	PRESENT PERFECT TENSE	ESSAY WRITING
DECEMBER (19 days)	UNIT 6 TWIN MELODIES (READING ONLY) A FRIEND FOUND IN MUSIC (P) (READING ONLY)	REPORTED SPEECH- IMPERATIVE (TO BE TAKEN IN DETAIL)	INFORMAL INVITATION NARRATIVE ESSAY (STORY WRITING- IN FIRST PERSON 'I')
PERIODIC TEST 3 (11/12/2026- 21/12/2026)			
JANUARY(21 days)	UNIT 8 FOLLOW THAT DREAM BELIEVE IN YOURSELF (P)	MODAL VERBS IF CLAUSE - TYPE 1 SUBJECT VERB AGREEMENT	E MAIL WRITING (FORMAL)
FEBRUARY (22 days)	REVISION		
FINAL EXAMINATION (15/02/2027-26/02/2027)			

BHARATIYA VIDYA BHAVAN, KOCHI KENDRA
YEAR PLAN FOR THE ACADEMIC YEAR 2026-27
MALAYALAM
CLASS - IX

MONTH	TOPIC	SUB-TOPICS	CONCEPTS	EVALUATION
ജൂൺ	ഉള്ളിലുയിർക്കും മഴവില്ല്	1.അമ്മ	* സുഖദുഃഖസമ്മിശ്രമായ ലോകത്ത് സമാധാനത്തോടെയും ശുഭാപ്തിവിശ്വാസത്തോടെയും ജീവിക്കേണ്ടതിന്റെ ആവശ്യകത. * പരിസ്ഥിതികദർശനവും പരോപകാരത്തിലധിഷ്ഠിതമായ ജീവിതവും പ്രമേയമാകുന്ന കഥകൾ, കവിതകൾ * കവിയുടെ കാവ്യജീവിത സൂചനകൾ. * സവിശേഷ പ്രയോഗങ്ങൾ. * ചമത്കാരഭംഗി.	
	ഭൂമിയാകുന്നു നാം	2. പുളിമാവ് വെട്ടി(പദ്യം)	* പരിസ്ഥിതിയും സാഹിത്യവും തമ്മിലുള്ള ബന്ധം . * പ്രത്യാശാനിർഭരമായ ജീവിതം മഹത്തരമാണ്	
	വ്യാകരണം	പ്രയോഗം മാറ്റുക	വാക്യപരിവർത്തനം ഭാഷാഗ്രഹണശേഷി	
	രചന	അവധാരണം(പദ്യം) കത്ത്		
ജൂലൈ	കർമ്മോത്സുകതയുടെ ലാവണ്യമുദ്രകൾ	3. നിങ്ങളും നിങ്ങളുടെ ജോലിയും(HPC)	* ചെയ്യുന്ന ജോലി ഏതുമാകട്ടെ, അതിനോട് പുലർത്തുന്ന ആത്മാർത്ഥതയും മനോഭാവവുമാണ് ഒരുവന്റെ ജീവിതവിജയം നിശ്ചയിക്കുന്നത്	P 1 1.അമ്മ 2.പുളിമാവ് വെട്ടി പ്രയോഗം മാറ്റുക അവധാരണം (ഗദ്യം)
	ഉജ്ജ്വലഹൃദയസ്പന്ദങ്ങൾ	4.അരുവിപ്പുറത്തുനിന്ന് ഒരു സന്ദേശം	നവോത്ഥാനകാലത്തെക്കുറിച്ചുള്ള അറിവ്	

ആഗസ്റ്റ്	പദം പദം ഉറച്ചു നാം	5. വംശം (പദ്യം)	* പ്രകൃതിയുടെ നാശം ആത്യന്തികമായി മനുഷ്യവംശത്തിന്റെ തന്നെ നാശത്തിന് കാരണമാകുന്നു.	
സെപ്റ്റംബർ	വിടില്ല ഞാനീ രശ്മികളെ	6.ചിരിയുടെ അരങ്ങേറ്റം	* ആത്മകഥകളിലൂടെ പ്രകടമാകുന്ന സംസ്കാരവും, പ്രകൃതിയും ചരിത്രവും * ആത്മകഥകളെ കൂടുതൽ അനുഭവവേദ്യമാക്കുന്ന വാങ്മയ ചിത്രങ്ങൾ * കാവ്യാത്മകമായ ഭാഷ *ആത്മകഥാസാഹിത്യം, ചരിത്രം, പാരമ്പര്യം	
	വ്യാകരണം	വിധി - നിഷേധം, അംഗ-അംഗി വാക്യങ്ങൾ, അവധാരണം(പദ്യം)	ഭാഷാപ്രയോഗശേഷി	
	രചന	ഉപന്യാസം	ഭാഷാപ്രയോഗശേഷി	
	നടക്കുന്നോറും തെളിയും വഴികൾ	7. സ്മാരകം(പദ്യം)	* മനുഷ്യൻ തന്റെ അഹന്തയുടെയോ ഓർമ്മകളുടെയോ അടയാളമായി കോൺക്രീറ്റിലും കല്ലിലും തീർക്കുന്ന ജീവനില്ലാത്ത നിർമ്മിതികൾക്ക് മുകളിൽ, പ്രകൃതി അതിന്റെ സ്വാഭാവികമായ രീതിയിൽ 'ജീവനുള്ള സ്മാരകങ്ങൾ' പ്രതിഷ്ഠിക്കുന്നു.	P 2 1. അരുവിപ്പുറത്തു നിന്ന് ഒരു സന്ദേശം 2.വംശം 3. ചിരിയുടെ അരങ്ങേറ്റം വാക്യപ്രയോഗം അംഗാംഗി വാക്യങ്ങൾ അവധാരണം(ഗദ്യം) കത്ത് (ഔദ്യോഗികം)
ഒക്ടോബർ	രചന	പത്രവാർത്ത ഉപന്യാസം	ഭാഷാഗ്രഹണശേഷി സാമൂഹികാവബോധം ഭാഷാസിദ്ധി രൂപഘടന	
	ഉള്ളിലുയിർക്കും മഴവില്ല്	8. സുകൃതഹാരങ്ങൾ	* പരോപകാരപ്രദമായ ജീവിതമാണ് അഭികാമ്യം * മറ്റുള്ളവരെ നിസ്വാർത്ഥമായി സഹായിക്കുന്ന വ്യക്തികൾ പ്രധാന കഥാപാത്രങ്ങളായി വരുന്ന സാഹിത്യ കൃതികൾ * മഹത് വ്യക്തികളുടെ ജീവിത വീക്ഷണം, അനുഭവകഥകൾ എന്നിവയ്ക്ക് സമൂഹത്തിലുള്ള സ്വാധീനം	

നവംബർ	നടക്കുന്നതോറും തെളിയും വഴികൾ	9.മണൽക്കുന്നകൾക്കിടയിലൂടെ	പ്രതിസന്ധികളിലും മനുഷ്യൻ ജീവിക്കാൻ കാണിക്കുന്ന അടങ്ങാത്ത ആഗ്രഹവും മരണത്തിന്റെ നിഴലിൽ നിൽക്കുമ്പോഴും അവനെ മുന്നോട്ട് നയിക്കുന്ന ആത്മബലവും പ്രകാശിപ്പിക്കുന്നു.	
ഡിസംബർ	ഉജ്ജ്വലഹൃദയസ്വപനങ്ങൾ	10.കാണുന്നുണ്ടനേകമക്ഷരങ്ങൾ (സെമിനാർ)	*മലയാള സാഹിത്യത്തിലെ പ്രബോധനപരമായ കവിതകൾ *സാമൂഹിക ജീവിതത്തിലുണ്ടായ മാറ്റങ്ങളെയും കേരളത്തിന്റെ നവോത്ഥാന മുന്നേറ്റങ്ങളെയും സൂചിപ്പിക്കുന്നു	P 3 1. സ്മാരകം 2. സുകൃതഹാരങ്ങൾ 3. മണൽക്കുന്നകൾക്കിടയിലൂടെ അംഗാംഗി വാക്യങ്ങൾ വാക്യശുദ്ധി വാക്യപ്രയോഗം പത്രവാർത്ത ഉപന്യാസം
ജനുവരി	വ്യാകരണം	വാക്യശുദ്ധി,വാക്യപ്രയോഗം	ഭാഷാഗ്രഹണശേഷി സാമൂഹികാവബോധം ഭാഷാസിദ്ധി രൂപഘടന	ANNUAL EXAM PORTIONS Topics 1. അമ്മ 2. അരുവിപ്പുറത്തു നിന്ന് ഒരു സന്ദേശം 3.വംശം 4. ചിരിയുടെ അരങ്ങേറ്റം 5. സ്മാരകം 6. മണൽക്കുന്നകൾക്കിടയിലൂടെ 7.സുകൃതഹാരങ്ങൾ 8. പുള്ളിമാവ് വെട്ടി അംഗാംഗിവാക്യങ്ങൾ വാക്യശുദ്ധി വാക്യപ്രയോഗം പ്രയോഗം മാറ്റുക പത്രവാർത്ത കത്ത് ഉപന്യാസം അവധാരണം (ഗദ്യം)

ഫെബ്രുവരി	ആവർത്തന പാഠങ്ങൾ	എല്ലാപാഠങ്ങളുടെയും പദപരിചയം ഉൾപ്പെടുത്തണം (അർത്ഥം പര്യായപദങ്ങൾ വിപരീത പദം നാനാർത്ഥ പദങ്ങൾ അർത്ഥവ്യത്യാസം വാക്യ പ്രയോഗം ഏതിർലിംഗം വിഗ്രഹാർത്ഥം പിരിച്ചെഴുതുക വ്യാകരണം രചന)	ഭാഷാപ്രയോഗശേഷി	
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BHARATIYA VIDYA BHAVAN,KOCHI			
YEAR PLAN FOR THE ACADEMIC YEAR 2026-2027			
STD IX	HINDI		
MONTH	TOPIC	SUB-TOPICS	CONCEPTS
जून	गद्य	दो बैलों की कथा	मित्रता, आत्मसम्मान , सहयोग की भावना, अटूट वफादारी, अन्याय और अत्याचार के खिलाफ संघर्ष, असीम सहनशीलता व साहस, स्वाभिमान और स्वतंत्रता के महत्व को दर्शाना ।
	पद्य	पद	अनन्य भक्ति और आराध्य के प्रति समर्पण का भाव
	व्याकरण	समानार्थी शब्द, मुहावरे (पाठ्यपुस्तक के आधार पर)	व्याकरण, शब्द भंडार एवं परिस्थितिजन्य भाषाई दक्षता का उपयोग
	पत्र	अनौपचारिक पत्र	पत्र लेखन कला और सृजनात्मकता का विकास ।
जुलाई	पद्य	राम -लक्ष्मण -परशुराम संवाद	अहंकार और मर्यादा का टकराव
	व्याकरण	विराम चिह्न	भाषा को व्यवस्थित, स्पष्ट और प्रभावशाली बनाते हैं ।
	रचना	अनुच्छेद लेखन	लेखन कौशल और सृजनात्मकता का विकास।
	लेखन	अपठित गद्यांश	भाषा समझ, पठन क्षमता एवं विचार शक्ति का विकास
	PERIODIC TEST - 1	PORTIONS- दो बैलों की कथा ,रैदास , समानार्थी शब्द, मुहावरे (पाठ्यपुस्तक के आधार पर)अनौपचारिक पत्र ,अपठित गद्यांश	
अगस्त	गद्य	क्या लिखूँ	लिखने के लिए विषय कहीं दूर नहीं, हमारे आसपास ही मौजूद है।
	व्याकरण	संज्ञा समानार्थी शब्द, मुहावरे (पाठ्यपुस्तक के आधार पर)	व्याकरण -ज्ञान ,व्यापक शब्द भंडार तथा विविध परिस्थितियों के अनुसार भाषाई दक्षता का उपयोग ।

सितंबर	गद्य	संवादहीन	मनुष्य और पशु-पक्षी के संबंध, समकालीन जीवन -यथार्थ की विसंगतियों और आदर्श एवं यथार्थ के द्वंद्व को अभिव्यक्त करती है ।
	पद्य	भारति , जय, विजयकरे !	भारत माता की महानता, प्राकृतिक सुंदरता, संस्कृति एवं गौरव का वर्णन करते हुए उसकी विजय और उन्नति की कामना की गई है।
	व्याकरण	सर्वनाम	व्याकरण -ज्ञान , सर्वनामों का सही एवं प्रभावी प्रयोग
	PERIODIC TEST-2	PORTIONS - क्या लिखूँ , राम -लक्ष्मण -परशुराम संवाद, भारति , जय, विजयकरे ,समानार्थी शब्द, मुहावरे (पाठ्यपुस्तक के आधार पर) विराम चिह्न,संज्ञा,सर्वनाम ,अनुच्छेद लेखन , अपठित गद्यांश	
अक्तूबर	गद्य	ऐसी भी बातें होती हैं	मेहनत, अनुशासन और आत्मविश्वास से जीवन में सफलता प्राप्त की जा सकती है। हमें अपने लक्ष्य के प्रति समर्पित रहना चाहिए।
	व्याकरण	समानार्थी शब्द, मुहावरे (पाठ्यपुस्तक के आधार पर)	व्याकरण -ज्ञान ,व्यापक शब्द भंडार तथा विविध परिस्थितियों के अनुसार भाषाई दक्षता का उपयोग करना।
	लेखन	संवाद लेखन	लेखन कौशल और सृजनात्मकता का विकास।
	पद्य	झाँसी की रानी	हमें साहसी, देशभक्त और कर्तव्यनिष्ठ बनना चाहिए ।
नवंबर	गद्य	आखिरी चट्टान तक	प्रकृति की भव्यता और मानव मन की गहन अनुभूतियों को यह यात्रा-वृत्तांत एक साथ उजागर करता है। जीवन में नई चीजों को जानने और कठिनाइयों का सामना करने का साहस होना चाहिए।
	व्याकरण	उपसर्ग , प्रत्यय ,निपात समानार्थी शब्द, मुहावरे (पाठ्यपुस्तक के आधार पर)	व्याकरणिक शिक्षा

दिसंबर	पद्य	घर की याद	परिवार और अपनेपन की भावना को दर्शाता है तथा संवेदनशीलता और पारिवारिक मूल्यों की समझ विकसित करता है।
	PERIODIC TEST-3	PORTIONS - ऐसी भी बातें होती हैं, संवादहीन , झाँसी की रानी ,समानार्थी शब्द, मुहावरे (पाठ्यपुस्तक के आधार पर) उपसर्ग, प्रत्यय, संवाद लेखन , अनुच्छेद लेखन ,अपठित गद्यांश	
जनवरी	गद्य	रीढ़ की हड्डी	सामाजिक व्यंग्य नाटक है, जो दहेज प्रथा, दिखावे और संकीर्ण सोच पर व्यंग्य करता है तथा आत्मसम्मान और सत्य का संदेश देता है।
		मैं और मेरा देश	देशप्रेम और राष्ट्रीय भावना, भारत की विविधता में एकता,नागरिक कर्तव्य और जिम्मेदारी,सामाजिक एवं नैतिक मूल्यआत्म-अभिव्यक्ति और भाषा कौशल,सहयोग एवं सहभागितासंस्कृति, परंपरा और सम्मान
	लेखन	चित्र वर्णन	लेखन कौशल और सृजनात्मकता का विकास
फरवरी	पुनरावृत्ति	FINAL EXAMINATION PORTIONS- FULL PORTIONS	
	FINAL EXAMINATION		

BHARATIYA VIDYA BHAVAN ,KOCHI			
YEAR PLAN FOR THE ACADEMIC YEAR 2026-2027			
SANSKRIT CLASS IX			
MONTH	TOPIC	SUB-TOPICS	CONCEPTS
JUNE	पद्यम्	1. सत्यं शिवं सुन्दरं संस्कृतम्	एकता, शान्तिः
JULY	गद्यांशः	2. सुखस्य मूलं धर्मः धर्मस्य मूलम् अर्थः	धर्मः, अर्थः, उत्तरदायित्वम् ।
PERIODIC TEST 1 - JULY 27th- 1st AUGUST LESSONS- 1, 2 AND GRAMMAR (अपठित-अवबोधनं, रचानात्मकं कार्यं (कथापूर्तिः / संवादपूर्तिः), अनुप्रयुक्त-व्याकरणम्, पठितावबोधनम्)			
AUGUST	नाट्यांशः	3. आत्मवत्सर्वभूतेषु यः पश्यति सः पण्डितः	सर्वेषु जीवेषु आत्मवत् समभावना, करुणा, सहानुभूतिः तथा मानवतायाः विकासः ।
SEPTEMBER	गद्यांशः	4. न खलु वयस्तेजसो हेतुः	देशभक्तिः, साहसम् तथा अत्यवसि औप महत् कार्यं कर्तुं क्षमता ।
PERIODIC TEST 2 - SEPTEMBER 28th- OCTOBER 9th - LESSONS 1,2,3,4- AND GRAMMAR UPTO SEPTEMBER (अपठित-अवबोधनम्, रचानात्मकं कार्यम् (कथापूर्तिः / संवादपूर्तिः, पत्रलेखनम्) अनुप्रयुक्त-व्याकरणम्, पठितावबोधनम्)			
OCTOBER	गद्यांशः पद्यम्	5. एषा सा कृतकबुद्धिः मानवबुद्धेः सहकरी (PBL) 6. मन्त्रः पूर्णं समाचरेत्	मानवबुद्धेः विकासे विज्ञानस्य योगदानम् । नैतिकमूलानां, सदाचारस्य, मानवतायाः तथा जीवनबोधस्य विकासः ।
NOVEMBER	नाट्यांशः	7. उपायं चिन्तयेत् प्राज्ञस्तथापायं च चिन्तयेत् 8. अत्रादु आनन्दं प्रति (वाचिकं)	विवेकपूर्णनिर्णयः तथा दूरदर्शिता। अत्रस्य महत्त्वम् तथा स्वास्थ्यपूर्णजीवनम् ।
DECEMBER	नाट्यांशः	9. कृतं प्रोक्तं भूयादेष धर्मः सनातनः	दुष्टसंहारः, साहसम् तथा समाजरक्षणम् ।
PERIODIC TEST 3 - DECEMBER 11th- 21st ,LESSONS- 6, 7 and grammar व्यञ्जनसन्धिः, विसर्गसन्धिः, अव्ययानि, उपपदविभक्तिः पञ्चमी-सप्तमी, उभयपदिधातवः (अपठित-अवबोधनं, रचानात्मकं कार्यं (कथापूर्तिः / संवादपूर्तिः, पत्रलेखनम्) अनुप्रयुक्त-व्याकरणम्, पठितावबोधनम्)			
JANUARY	गद्यांशः	10. णमो अरिहन्ताणम् (क्रियाकलापः) 11. वर्णविवरण - शिक्षा 2	अहिंसा, शान्तिः, आत्मशुद्धिः तथा महापुरुषाणां प्रति भक्तिः ।
FEBRUARY	FINAL EXAMINATION - FEBRUARY 15TH- 26TH, LESSONS- 4,6,9,11 सौन्दर्यः, प्रत्ययाः, तत्पुरुष समासः, उच्चारणस्थानानि (अपठित-अवबोधनं, रचानात्मकं कार्यं (कथापूर्तिः / संवादपूर्तिः, पत्रलेखनम्) अनुप्रयुक्त-व्याकरणम्, पठितावबोधनम्)		

BHARATIYA VIDYA BHAVAN, KOCHI KENDRA		
YEAR PLAN (2026-2027)		
STANDARD IX		
PHYSICS		
MONTH	UNIT	TOPIC
June	1	Advanced - Measurement – The foundation of Science
	4	Describing motion around us,
July	4	Describing motion around us(Contd...),
	2	Advanced -Understanding motion through experience(Derivation of distance travelled in nth sec is not needed)
	PERIODIC TEST –I (July 27 to August 1) STANDARD - CHAPTER 4 (Describing motion around us) ADVANCED - Chapters 1 & 2	
August	6	How Forces Affect Motion
	3	Advanced - 3.1 - Newton’s Laws of Motion - Pseudo forces 3.3 - Turning forces
September	6	How Forces Affect Motion (Contd..)
	PERIODIC TEST –II [Sept 28th to Oct 09th] STANDARD - CHAPTER4 (Describing motion around us) and Chapter 6 (How Forces Affect Motion) 40% marks from CHAPTER 4 and 60% marks from CHAPTER 6 ADVANCED - UNIT 3 (3.1 & 3.3)	
October	7	Work,Energy and Simple Machines
	5	Advanced- Work and Energy(5.1 & 5.2)
November	7	Work,Energy and Simple Machines (contd..)
	4	Advanced- The Geometry of power- Advanced simple Machines (4.1 & 4.2)
December	10	Sound Waves- Characteristics and Applications
	4	Advanced- The Geometry of power- Advanced simple Machines (4.3 Tension)

	PERIODIC TEST –III[DEC 11th to 21st] - STANDARD - 20% marks from CHAPTER 4 , 20% marks from CHAPTER 6 and 60% marks from CHAPTER 7 ADVANCED - UNIT 4	
January	10	Sound Waves- Characteristics and Applications(contd..)
	13	Earth as a System: Energy, Matter and Life (Portfolio Activity/ Not for Evaluation)
	3	Advanced - Gravitation (3.2)
February	REVISION FINAL EXAMINATION (Feb 15-26) STANDARD - 15 % from CHAPTER 4 - DESCRIBING MOTION AROUND US, 15 % from CHAPTER 6 - HOW FORCES AFFECT MOTION, 30% from CHAPTER 7 - WORK, ENERGY AND SIMPLE MACHINES & 40% from CHAPTER 10 - SOUND WAVES: CHARACTERISTICS AND APPLICATIONS ADVANCED - UNIT 1, 2, 3, 4 & 5	
	LIST OF EXPERIMENTS	
1	Plotting of distance time and velocity time graph using an inclined plane.	
2	Verification of Newton's Second Law of motion using a trolley, pulley and hanging masses.	
3	Calculation of mechanical advantage of a lever using the formula $M.A = \text{Load}/\text{Effort}$.	
4	Verification of law of conservation of energy using a simple pendulum.	
5	Determination of speed of pulse propagated through a stretched string /slinky(helical spring)	

BHARATIYA VIDYA BHAVAN, KOCHI
STD IX-YEAR PLAN FOR THE ACADEMIC YEAR 2026-2027
CHEMISTRY

Month	Chapter & Topics	Sub Topics	Concepts
June	Chapter 5 – Exploring Mixtures and their Separation (Pg. 72–81) <i>Advanced:</i> Chapter 8 – Mixtures and their Separation-Fractional distillation	1. How can we classify mixtures. 2. Solutions 3. Methods of separation of homogenous mixtures	1.Homogeneous and heterogeneous mixtures. 2. Concentration of a solution – i)Mass by mass percentage ii)Mass by volume percentage iii) Volume by volume percentage 3. Solubility of substances 4.) Crystallisation , distillation
July	Chapter 5 – Exploring Mixtures and their Separation (Pg. 82–89) <i>Advanced:</i> Chapter 8 – Mixtures and their Separation-Column Chromatography	1. Methods of separation of homogeneous mixtures 2)How can we separate the components of heterogeneous mixtures? 3)Tyndall Effect	1. Paper chromatography 2. Separation of heterogeneous mixtures- i)Separation of two immiscible liquids ii) Sublimation iii) Suspensions A. Centrifugation B. Coagulation 3. Alloys ,examples 4. Colloids
PT I 27/07/2026 -01/08/2026 - Chapter 5 - Exploring mixtures & their separation Up to sublimation (included) 5.4.2 Adv. Fractional distillation & Column Chromatography (3 marks)			
August	Chapter 8 – Journey Inside the Atom (Pg. 140–145) <i>Advanced:</i>	1) Rediscovering the Roots of Atomic Theory 2) A Short	1) Historical Development of the Atom 2) Thomson’s model of an atom 3) Testing
	Chapter 2 – Structure of Atom- Discovery of subatomic particles.	Historical Journey Through Atomic Models	Thomson’s model: The gold foil experiment 4) Rutherford’s model of an atom 5) Limitations of Rutherford’s model 6) Discovery of the proton
September	Chapter 8 – Journey Inside the Atom (Pg. 146–152) <i>Advanced:</i> Chapter 2 – Structure of Atom 1.Types of spectrum-continuous spectrum, line spectrum. 2. Hydrogen spectrum, Rydberg’s equation 3.Achievements and limitations of Bohr’s model.	1. A Short Historical Journey Through Atomic Models. 2. What components contribute to the mass of an atom 3. Symbols of elements 4. Atomic number 5. Mass number 6. How are electrons distributed in different energy levels?	1. Bohr’s model of the atom 2. Discovery of the neutron 3. Symbols of elements 4. Atomic number 5. Mass number 6. Building up atoms.
PT II 28/09/2026-09/10/2026 Chapter 5 - Methods of separation of homogeneous mixture (5.3 onwards) - 40% Chapter 8 - Journey inside the atom (including discovery of neutron (P.No. 147) - 60% Adv - Discovery of subatomic particles - (5 marks)			
October	Chapter 8 – Journey Inside the Atom (Pg. 153–157)	1.Combining capacity of an atom-valency 2. A deeper look into atomic structure.	1.valency, valence shell and valence electrons 2. Isotopes 3.Average atomic mass 4. Isobars
November	Chapter 9 – Atomic Foundation of	1. Physical change &	1.Characteristics of physical and chemical changes.
	Matter (Pg. 162–168) <i>Advanced:</i> Chapter 7 – Chemical Bonding 1.Malleability 2. Ductility 3.Lewis symbols 4. Octet rule - exceptions	chemical change 2. Law of conservation of mass 3. 3.law of constant proportion Dalton's atomic theory.	2.Difference between physical and chemical changes 3. Law of Conservation of Mass. 4.Law of Constant Proportions 5.Dalton’s Atomic Theory and its postulates

December	Chapter 9 – Atomic Foundation of Matter (Pg. 169–172) <i>Advanced:</i> Chapter 7 – Chemical Bonding Metallic bond 2. Electrical and thermal conductivity	1. How atoms combine? 2. Covalent bond	1. Chemical bonds 2. Formation of bonds by sharing and transfer of electrons 3. Covalent bond 4. Formation of covalent compounds 5. Molecules of elements and compounds. 6. Single bonds and double bonds 7. Molecules of compounds 8. Naming of covalent compounds.
PT III 11/12/2026 - 21/12/2026 Chapter 5 - From starting till Paper chromatography 5.3.3 (including) - 20% Chapter 8 - Bohr model onwards till the end of the chapter - 20% Chapter 9 - From 60% from Chapter 8 (From symbols of elements) & Chapter 9 Atomic foundation of matter including Dalton's atomic theory (9.3) Adv. - Spectrum, Bohr model - 5 marks			
January	Chapter 9 – Atomic Foundation of Matter (Pg. 172–179)	1. Ionic bond 2. Writing chemical formulae 3. Properties of ionic and covalent compounds 4. Molecular mass of covalent compounds	1. Ionic bonds. 2. Writing chemical formulae of ionic compounds 3. Properties of ionic and covalent compounds 4. Molecular mass of covalent compounds
		5. Formulae unit mass of ionic compounds	5. Formula unit mass of ionic compounds
FEBRUARY	REVISION Final Exam 15/02/2027 – 26/02/2027 Chapter 5 - Exploring mixtures & their separation - 20% Chapter 8 - Journey inside the atom - 20% Chapter 9 - Atomic foundation - 60% Adv - Mixtures & separation (2 marks) Structure of atom (2 mark) Chemical bonding (4 marks)		

BHARATIYA VIDYA BHAVAN ,KOCHI		
YEAR PLAN FOR THE ACADEMIC YEAR 2026-27		
CLASS	IX	
SUBJECT	BIOLOGY	ADVANCED
MONTH	TOPIC	TOPIC
JUNE	CHAPTER 2 -CELL : THE BUILDING BLOCK OF LIFE	MICROSCOPE & MICROSCOPY 9.1 TO 9.2
JULY	CHAPTER 2-CELL : THE BUILDING BLOCK OF LIFE REVISION PERIODIC TEST 1 - (July 27th to August 1st) PORTIONS CHAPTER 2 CELL : THE BUILDING BLOCK OF LIFE ADVANCED: MICROSCOPE & MICROSCOPY(9.1 TO 9.4) DIAGRAMS FOR EVALUATION Fig. 2.10: (a) A typical bacterial cell, (b) a typical plant cell, and (c) a typical animal cell Fig. 2.14: Structure of a mitochondrion Fig. 2.15: Structure of a chloroplast	MICROSCOPE & MICROSCOPY 9.3 TO 9.4
AUGUST	CHAPTER 3- TISSUES IN ACTION	MICROSCOPE & MICROSCOPY 9.5
SEPTEMBER	CHAPTER 3- TISSUES IN ACTION REVISION PERIODIC TEST - 2 (SEPTEMBER 28- OCTOBER 9) PORTIONS CHAPTER 2 - 20 % OF CELL : THE BUILDING BLOCK OF LIFE (2.2.1 - CELL MEMBRANE -THE UNIVERSAL FEATURE OF A CELL) CHAPTER 3- TISSUES IN ACTION (FULL CHAPTER) ADVANCED: MICROSCOPE & MICROSCOPY(9.5 TO 9.6) DIAGRAMS FOR EVALUATION - Fig. 3.8: Various types of simple permanent tissues Fig. 3.13: Different types of muscles Fig. 3.14: Structure of a neuron	MICROSCOPE & MICROSCOPY 9.6
OCTOBER	CHAPTER 11- REPRODUCTION : HOW LIFE CONTINUES	ENGINEERING LIFE: MIRACLES IN BIOTECHNOLOGY 10.1 TO 10.2
NOVEMBER	CHAPTER 11- REPRODUCTION : HOW LIFE CONTINUES CHAPTER 12 - PATTERNS IN LIFE: DIVERSITY AND CLASSIFICATION	ENGINEERING LIFE: MIRACLES IN BIOTECHNOLOGY 10.3 TO 10.4
DECEMBER	CHAPTER 12 - PATTERNS IN LIFE: DIVERSITY AND CLASSIFICATION (Contd.) PERIODIC TEST - 3 (Dec 14 to 21st Dec) PORTIONS 20 % OF CHAPTER 2 - CELL : THE BUILDING BLOCK OF LIFE (2.4 CELL DIVISION) 20% OF CHAPTER 3- TISSUES IN ACTION (3.5-TYPES OF JOINTS , 3.6- SKELETAL SYSTEM) & CHAPTER 11- REPRODUCTION : HOW LIFE CONTINUES(FULL CHAPTER-60 %) ADVANCED : ENGINEERING LIFE: MIRACLES IN BIOTECHNOLOGY (10.1 TO 10.4) Fig. 11.10: Longitudinal section of a flower showing its different parts Fig. 11.11: Structure of a pistil Fig. 11.14: Germination of pollen on stigma Fig. 11.18: Male reproductive system Fig. 11.19: Female reproductive system	ENGINEERING LIFE: MIRACLES IN BIOTECHNOLOGY (10.5)
JANUARY	CHAPTER 12 - PATTERNS IN LIFE: DIVERSITY AND CLASSIFICATION	ENGINEERING LIFE: MIRACLES IN BIOTECHNOLOGY (10.6)
FEBRUARY	REVISION FINAL EXAMINATION (FEBRUARY 15 - 26) FULL PORTIONS (CHAPTER 2,3,11& 12) ADVANCED : ENGINEERING LIFE: MIRACLES IN BIOTECHNOLOGY (10.5 TO 10.6)	

BHARATIYA VIDYA BHAVAN, KOCHI KENDRA			
YEAR PLAN FOR THE ACADEMIC YEAR 2026-2027			
STD IX		MATHEMATICS	
MONTH	TOPIC	SUB TOPICS	CONCEPTS
JUNE	1.ORIENTING YOURSELF: THE USE OF COORDINATES	Introduction, the 2-D Cartesian coordinate system, Distance between two points in the 2-D plane, Midpoint of the line segment between two points in the 2-D plane	Introduction, Cartesian coordinate system, coordinates of a point, quadrants, plotting of points, locations and the position of one point relative to another point using coordinates, distance between two points using coordinates, collinear points, position of the midpoint of a line segment using coordinates, check whether a triangle is right angled using coordinates, reflection of a point (mirror image of a point)
	2.INTRODUCTION TO LINEAR POLYNOMIALS	Introduction, Linear Polynomials, exploring linear patterns, linear growth and linear decay, linear relationships, visualising linear relationships, slope and y- intercept.	Algebraic expressions, definition of a polynomial, degree of a polynomial, introduction to linear polynomials and applications, exploring linear patterns, modelling linear growth and linear decay, linear relationships, graph of a linear equation in two variables, use computational thinking to identify patterns, construct linear expressions, and systematically represent and analyse linear relationships using equations and graphs, slope and y-intercept of a line $y = ax + b$, slope of parallel lines.
JULY	2.INTRODUCTION TO LINEAR POLYNOMIALS (contd...)		
	3.THE WORLD OF NUMBERS	History of numbers, integers- expanding the horizon, introduction to rational numbers, representation of rational	History of numbers, introduction to rational numbers, operations on rational numbers, distributive property of rational numbers,

		numbers on the number line, density of rational numbers, irrational numbers, Proof of irrationality of $\sqrt{2}$ and $\sqrt{3}$, construction of length $\sqrt{n}$, real numbers: decimals and cyclic patterns.	representation of rational numbers on the number line, absolute value of rational numbers, density of rational numbers, finding rational numbers between any two rational numbers, decimal representation of rational numbers, introduction to irrational numbers, proof of irrationality of $\sqrt{2}$ and $\sqrt{3}$, the square root spiral, real numbers, decimal expansion of real numbers, converting into p/q form, cyclic numbers, imaginary numbers(just introducing imaginary numbers)
PERIODIC TEST 1- JULY 27 to AUGUST 1 (CHAPTERS 1 & 2)			
AUGUST	4.EXPLORING ALGEBRAIC IDENTITIES	Revisiting algebraic identities, visualising identities using geometrical models, factorisation of algebraic expressions using identities, more identities and their applications, visualising factorisation of quadratic expressions through algebra tiles and without using algebra tiles, finding new identities, simplifying rational expressions	Revisiting algebraic identities, visualising identities using geometrical models, expand using algebraic identities, factorisation of algebraic expressions using identities, more identities and their applications, visualising factorisation of quadratic expressions through algebra tiles and without using algebra tiles, finding new identities, simplifying rational expressions.
SEPTEMBER	5.I'M UP AND DOWN, AND ROUND AND ROUND	Practical applications and uses of circles, definitions related to a circle — centre, diameter, and radius, symmetries of a circle, how many circles, chords and the angles they subtend, midpoints and perpendicular bisectors of chords, distance of chords from the centre, subtended angles by an arc, concyclicity of points	definitions related to circles. - 'chord', 'diameter', 'radius', 'arc', 'centre', there exists a unique circle through three non-collinear points, Construct the circumcircle and circumcentre of a triangle, describe the location of the circumcentre for acute, obtuse, and right-angled triangles, angle subtended by an arc at the centre of the circle 1. (prove) 'equal chords subtend equal angles at the centre'.

			2.(prove)‘chords that subtend equal angles at the centre are equal’. 3.(motivate)‘the line from the centre of a circle to the midpoint of a chord is perpendicular to the chord’. 4.(motivate)‘a perpendicular from the centre to a chord bisects the chord’. 5.(prove)the relationship between length of a chord and its distance from the centre of the circle.(theorem 8) 6.(prove)‘equal chords are equidistant from the centre and conversely(only motivate for converse)’ diameter is the longest chord’. 7.(prove) ‘the angle subtended by an arc at the centre is double the angle subtended by the arc at any point on the remaining part of the circle’. angles in the same segment of a circle are equal, the angle in a semicircle is a right angle, determine when four given points are concyclic 8.(prove)‘a quadrilateral with supplementary opposite angles is cyclic, and conversely’.
	7. THE MATHEMATICS OF MAY BE: INTRODUCTION TO PROBABILITY	Concept of probability and randomness,the probability scale, measuring probability objectively- experimental probability and theoretical probability, analysing statistical data, elements of probability- sample spaces and events, tree diagrams	Concept of probability and randomness, the probability scale, empirical probability: analysing statistical data and performing experiments, theoretical probability: sample space and events, representing probability through tree diagrams and tables.
	6.MEASURING SPACE: PERIMETER AND AREA	Perimeter of shapes, Perimeter of a circle:Introduction to Pi and its irrationality, Length of an arc, problems, puzzles and paradoxes on perimeter,	Perimeter of shapes, circumference of a circle, value of pi, length of arc,Area of shapes: rectangles, parallelograms, and triangles, a median of a triangle divides it

		Area of shapes: rectangles, parallelograms, and triangles, Heron's formula, Brahmagupta's formula for area of a cyclic 4-gon, Heron's formula as a special case of Brahmagupta's formula, squaring a rectangle, Area of a circle, Area of the sector of a circle	into two triangles of equal area, Heron's formula, Brahmagupta's formula for area of a cyclic 4-gon, area of circle, area of sector, area of segment, area of cyclic quadrilateral.
PERIODIC TEST II - SEPTEMBER 28 to OCTOBER 9 (CHAPTERS 1, 3, 4 & 5)			
OCTOBER	6.MEASURING SPACE: PERIMETER AND AREA(contd....)		
	8.PREDICTING WHAT COMES NEXT: EXPLORING SEQUENCES AND PROGRESSIONS	Introduction to sequences, explicit or general rule of a sequence, recursive rule of a sequence, Arithmetic Progressions (AP): nth term, visualising an AP, and practical contexts leading to Aps, sum of the first n natural numbers, Geometric Progressions (GP): nth term, visualising a GP, and practical contexts leading to GPs, applications of GP in fractals	Sequence of numbers, general rule of a sequence, pattern in a sequence and find the next few terms, recursive and explicit rules for different sequences, Arithmetic Progressions (AP): nth term, visualising an AP, and practical contexts leading to APs, Sum of the first n natural numbers, Geometric Progressions (GP): nth term, visualising a GP, and practical contexts leading to GPs, Applications of GP in fractals .

BHARATIYA VIDYA BHAVAN, KOCHI					
CLASS : IX		YEAR PLAN 2026-27		SUBJECT: SOCIAL SCIENCE	
MONTH	TOPIC	SUB-TOPICS	CONCEPTS		
JUNE	1. UNDERSTANDING SOCIAL SCIENCE	Meaning of social science, Scope of social science, Relevance of social science in every day life , Understanding social science from an Indian perspective, Major disciplines of social science, Interrelationship among the disciplines of Social Science, Values promoted through the study of social science. Discussion and assessed through Questionnaire - NOT FOR EVALUATION	Meaning and Scope of Social Science Branches of Social Science (History, Geography, Economics, Political Science Relationship between Human Beings and Society Social Science and Nation Building Use of Social Science in Problem Solving Skills Developed through Social Science		
JUNE	2. SHAPING OF THE EARTH'S SURFACE (G)	Introduction, Interior of the earth, Layers of the Earth, Diagram- Page 43- Layers of the Earth to be taught. Theory of Plate Tectonics. Tectonics Plate, Page No: 44 Box to be taught. Movements of Tectonics Plate, Types of Plate Movements Weathering and Erosion. Weathering - Types of Weathering, Importance of Weathering; Erosion, Importance of Erosion- Page no 47 Table : Difference between Weathering and Erosion. to be taught. Agents of Gradation. Rivers – Wind -Waves and Ocean Currents -Glaciers -Underground Water. Major Landforms And Their Formation. Mountains - Fold Mountains- Volcanic Mountains, Plateaus - Formation of Plateaus - By Tectonic uplift (Movement of Earth's Crust), By Volcanic Activity (Lava Deposition) Plains - River plains -Coastal Plains-Glacial Plains- Valleys - V shaped Valleys (River valleys) U shaped Valleys (Glacial Valleys) Deserts - Formation of Deserts Low Rainfall -Extreme Temperature Conditions - Role of Wind in Shaping the Landscape, Coastal Landforms, Formation of Coastal landforms- Major Coastal Features- Cliff - Beaches - Sea Caves - Sea Arches, Spits, Lagoons. (Portfolio Activity - Landforms and Natural Disasters, Earthquakes –Landslides- Avalanches - Glacial Lake Outburst floods,(GLOF),Dust Storms, Importance of Disaster Mitigation. Page No 43 Box Only for discussion- NOT FOR EVALUATION)	Interior of the earth . Layers of the Earth . Movement of Tectonic plates - Types of Plate Movements. Weathering - Types of Weathering. Importance of Erosion- Table: Difference between weathering and Erosion. Landforms and disasters: earthquakes, landslides, avalanches, Glacial Lake Outburst Flood (GLOF)		
JUNE	4. BEGINNINGS OF CIVILISATION (H)	Introduction, Cultural development from 2 million years ago, Early human history, Periodisation: Archaeological ages. Harappan and contemporary cultures, Ancient river valley civilisation- Mesopotamian, Egyptian and Chinese civilisation (INTER DISCIPLINARY ACTIVITY - Who were human ancestors, Palaeolithic Age: Hunter-gatherer and stone tools, Mesolithic Age: Transition to Food production, Mesolithic sites and tools, Neolithic Age: Beginning of farming, The Neolithic Revolution, Domestication of plants and animals) (Social, political and religious structures - Only for Discussion NOT FOR EVALUATION)	Cultural development from 2million years ago, Early human history, Periodisation: Archaeological ages, Who were human ancestors, Palaeolithic Age: Hunter-gatherer and stone tools, Mesolithic Age: Transition to Food production, Mesolithic sites and tools, Neolithic Age: Beginning of farming, The Neolithic Revolution, Domestication of plants and animals, Harappan and contemporary cultures, Ancient river valley civilisation, Social, political and religious structures. Archaeology, prehistory, history, palaeolithic, mesolithic, neolithic, river valley civilization		
JUNE / JULY	6. DEMOCRACY (P)	Introduction, Meaning of Democracy, Features of Democracy, Types of Democracy, Differentiate between Parliamentary and Presidential systems -Table to be taught Challenges to Democracy in India. (Broader meaning of Democracy- ONLY FOR DISCUSSION. Roots of Democracy in India - INTER DISCIPLINARY ACTIVITY. Democratic Systems in the World - Activity Based Learning NOT FOR EVALUATION)	Introduction. Meaning of democracy. Features of democracy. Types of democracy Challenges to democracy in India Democratic systems in the world Roots of democracy in India.		
JULY	8. BUILDING BLOCKS IN ECONOMICS (E)	Introduction Scarcity of resources Meaning of Resources, Unlimited human wants, Choice and opportunity cost, meaning of Opportunity Cost, The central Problems of an Economy (Assignment- Scarcity at the individual Level, Scarcity at the societal level, Scarcity and Economic problem, Importance of understanding scarcity. Prepare MCQ Questions- Nature of choice in Economics, Choice at the individual level, Choice at the societal level, Importance of opportunity cost, Opportunity cost in daily life, Opportunity cost and scarcity, Role of opportunity cost in economic decisions, Role of Economists. - NOT FOR EVALUATION)	Scarcity of resources. Choice and opportunity cost. Role of Economists		

PERIODIC TEST 1 (27/07/2026 - 01/08/2026)						
AUGUST	8. BUILDING BLOCKS IN ECONOMICS (E)	Portion 2 Economic Systems and How Choices are made Boxes are not there for evaluation	Planned Economy, Market Economy, Mixed Economy, Public Goods			
AUGUST	3. ATMOSPHERE AND CLIMATE (G)	Introduction, Composition and structure of the Atmosphere:Composition of the Atmosphere, structure of the Atmosphere, Weather and Climate, Elements of Weather and Climate, Seasons of India, Monsoon. ACTIVITY ONLY Climate Change, Punjab Floods 2025: A Case Study, Causes, Effects of Floods in Punjab (All Boxes and terms on the right side only for discussion) (NOT FOR EVALUATION) HPC Activity- Seasons of India, Monsoon	Structure and Composition of the Atmosphere Elements of Weather and Climate.Seasons of India.Indian Monsoon.Climate Change.			
AUGUST / SEPTEMBER	7. ELECTIONS (E)	Why do Elections matter? Inside India's Election Machinery, The Electoral System, Delimitation Commission, Election Commission of India (ECI), Political Parties, Box- Fig 7.1- Importance of Elections in a democracy, Fig 7.9 Importance of political parties, Fig 7.12 Criteria for National and State Party Recognition page 176 (Only for discussion- Box- Electoral Systems page 164 , Fig 7.3 Single transferable vote system, Page 165, Boxes and figure of page 166 , Fig 7.5 Voter's Pledge page 169, Box- Fig 7.11 Role of political parties, Fig 7.6 Digital ecosystem for electoral services and voter engagement- Activity- The Laws, Challenges to free and fair Elections NOT FOR EVALUATION)	Direct Elections, Indirect Election, First Past the Post, Delimitation Commission, Electoral Roll, Multi Party System, Defection, Political Opportunism, National Party Recognition, State Party Recognition,Registered Unrecognised Political parties.			
SEPTEMBER	5. STATE AND SOCIETY (UPTO 1000CE) (H)	Introduction, Understanding Early Indian State and Society, State and Administration , The Vedic Period ,BOX- The four Vedas page 99 (included), Political Institution in the Vedic Period, BOX-(Assemblies during Vedic Period included), Early Kingdoms and Republic. Only for discussion Duties and Ideals of the King, Box - Fig 5.1 page 96, Box- Fig 5.2 page 98, Box Social Mobility , Council of Ministers, Map Work only for discussion How were Empires Administered	Vedic Age Administrative structure of early empires Quest for knowledge —educational heritage, institutions, knowledge traditions, and cultural practices. Traders and trade routes, guilds and merchants, crafts and industries.			
PERIODIC TEST 2 (28/09/2026 - 09/10/2026)						
OCTOBER	5. STATE AND SOCIETY (UPTO 1000CE) (H)	(P3 Portions) Family and Society, The Quest for Knowledge, Box- Page 127 Literary Heritage of Early India, Economy: Agriculture and Land Revenue, Irrigation, Trade:Trade routes and Ports, Guild) Only for discussion Ethics- The foundation of Law and Life, Social Structures and Every day Life: Varna And Jati, Role of Women, Religious Life and Emergence of Bhakti	Vedic Age Administrative structure of early empires Quest for knowledge —educational heritage, institutions, knowledge traditions, and cultural practices. Traders and trade routes, guilds and merchants, crafts and industries.			
OCTOBER	9.The Price Puzzle: What Drives the Market (E)	Introduction, Demand, Other Determinants of Demand: Price of related goods, Income of the consumer, Taste and preference of the buyer, Seasonality, Future price expectation, Supply, Other determinants of Supply, Price of related goods , Number of sellers in the market, Technology, Future Expectations, Market Equilibrium Terms to be taught- Purchasing Power, Market Equilibrium Diagram of Demand and Supply and Market Equilibrium to be taught (ONLY FOR DISCUSSION- Does Market Equilibrium Exist in the real world? Role of Government in the Economy: Regulation of unfair practices,provision of Public Goods,Limitations of Government Intervention. Terms for discussion-related goods,Hoarding, Black Marketing, Monopoly, Price Ceiling, Price Floor, Revenue, Ease of doing business BOXES ARE NOT FOR EVALUATION)	Demand, Other Determinants of Demand: Price of related goods, Income of the consumer, Taste and preference of the buyer, Seasonality, Future price expectation, Supply, Other determinants of Supply, Price of related goods , Number of sellers in the market, Technology, Future Expectations, Market Equilibrium,			

BHARATIYA VIDYA BHAVAN, KOCHI

CLASS: IX	YEAR PLAN 2026 – 2027	SUBJECT: LIFE SKILL
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MONTH	UNIT	TOPICS (Activity-oriented)
JUNE	LIFE SKILLS EFFECTIVE COMMUNICATION	• Exploring Life skills ("Life Skills Treasure Hunt" – Students identify life skills hidden in everyday situations displayed on flashcards) • What use are Life skills ("Problem–Solution Match" – Match common adolescent problems with the life skill needed to handle them) • My say on Life skills ("One Minute Voice" – Each student shares one life skill they think is most important and why) • When are Life skills required ("Life Situations Corner" – Students move to different corners based on how they would respond to given real-life scenarios) • Analyzing my relations with the environment around me ("Relationship Web" – Draw a web connecting self, family, friends, school, community, and nature; discuss influences) • Story time ("Pause and Predict" – Narrate a life-skill-based story, pause at key points, and let students predict actions and consequences) • Actions speak louder than words ("Silent Role Play" – Students convey emotions or intentions using only actions and body language) • I understand what you say ("Message Relay" – One student explains a message, and the next paraphrases it to check understanding) • Beautiful communication ("Communication Makeover" – Transform rude, unclear, or insensitive statements into respectful and effective ones) • Fire-aim-ready ("Think Before You Speak" – Analyze situations and identify the consequences of impulsive versus thoughtful responses) • Using assertive message “I really mean it” ("I-Message Practice" – Students express feelings

		and needs using assertive ‘I feel... when... because...’ statements) • Let’s talk ("Pair Share") – Students discuss a simple topic with a partner and present their partner’s views to the class) • Hearing and listening ("Active Listening Challenge") – Listen to a short story and answer questions that require attention to details and feelings) • Appreciating others “I like you” ("Compliment Circle") – Each student gives a genuine appreciation or positive feedback to a classmate)
JULY	SELF-AWARENESS	• Discover yourself ("Identity Map") – Students create a visual map of their interests, strengths, values, and dreams) • Understanding the inner self ("Mirror Reflection") – Guided reflection on personal qualities, feelings, and beliefs) • My inner self ("Who Am I?" Worksheet) – Students complete self-descriptive statements and discuss insights) • “If I were” ("Imagination Circle") – Students complete prompts such as “If I were a bird/leader/tree...” and explain their choices) • Staying in tune ("Emotion Check-In") – Students identify and share their current feelings using emotion cards or emojis) • “I explore” ("Strengths Discovery") – Students identify hidden talents and interests through peer feedback and self-reflection) • As I think “I am” ("Positive Self-Talk Activity") – Students write and share positive affirmations beginning with “I am...”) • My name is me ("Name Story Sharing") – Students share the meaning, history, or significance of their names and personal identity)
AUGUST	MANAGING EMOTIONS	• Dealing with Emotions ("Emotion Scenarios") – Students discuss healthy ways to handle emotions in different situations) • Managing-Emotions ("Traffic Light Technique") – Stop, Think, and Act activity using real-life emotional situations) • Role-Play ("Emotion Role Play") – Students enact situations involving anger, sadness, fear, or happiness and suggest coping strategies) • Handling Emotions ("Coping Toolbox") – Students list and share healthy ways to manage difficult emotions)

		• My Feelings ("Feelings Wheel" – Students identify and express emotions they experienced during the week) • My Emotional Worksheet ("Emotion Reflection Sheet" – Record a recent emotional experience, triggers, reactions, and lessons learned) • What Would I Do If... ("Situation Response Game" – Students respond to hypothetical emotionally challenging situations and discuss choices) • Unexpressed Emotions ("Letter Never Sent" – Students write (without sharing) a letter expressing emotions they usually keep inside, followed by reflection)
SEPTEMBER	EMPATHY	• I Will Manage ("Stress Busters Brainstorm" – Students identify challenges and generate practical coping strategies) • Working Together ("Team Challenge" – Small groups complete a task that requires cooperation and collective decision-making) • Mirror Exercise ("Mirror Me" – Pairs imitate each other's expressions and movements to understand emotions and perspectives) • If the Shoe Fits ("Walk in My Shoes" – Students discuss situations from another person's point of view) • The Emotion Relay ("Emotion Chain" – Students pass an emotion through facial expressions and body language without words) • Reading without seeing ("Blindfold Activity" – Students perform simple tasks blindfolded to experience challenges faced by visually impaired individuals) • Who needs my help ("Helping Hands Mapping" – Identify people in school, home, or community who may need support and discuss ways to help) • An experiment in unfair treatment/bias ("Unequal Rules Activity" – Different groups are given unfair advantages/disadvantages, followed by reflection on fairness and discrimination) • Empathy towards animals in captivity ("Animal Perspective Discussion" – Students imagine a day in the life of a caged animal and express its feelings through writing or drawing)
OCTOBER	INTERPERSONAL RELATIONSHIPS	• Appreciating Family and Friends ("Gratitude Circle" – Students share one quality they appreciate in a family member or friend)

		• My Relationship Chart – 'My Magic-Wall ("Relationship Wall" – Students create a visual chart of important people in their lives and their roles) • Healthy-Relationships ("Healthy or Unhealthy?" – Students sort relationship behaviors into healthy and unhealthy categories and discuss) • My relationship scale ("Relationship Rating Activity" – Students reflect on trust, support, and communication in their relationships using a simple scale) • Web of Relationships ("String Web Activity" – Students create a web using yarn to illustrate how people are interconnected and influence one another) • The Buyer and the Seller and The Goods ("Role-Play Marketplace" – Students enact buyer-seller interactions to explore trust, communication, and mutual respect in relationships) • People Around Me ("Support Network Mapping" – Students identify people in their family, school, and community who support them and discuss their importance)
NOVEMBER	DECISION MAKING	• Decision-Making ("Choose Your Path" – Students analyze a scenario and select among different options, discussing possible outcomes) • Why we decide on what we decide ("Influence Mapping" – Students identify factors (family, friends, emotions, values, media) that affect their decisions) • Decision-Making Steps ("Decision Ladder" – Arrange the steps of effective decision-making in the correct sequence using a card-sorting activity) • My D3 - Dear Decision Diary ("Decision Journal" – Students record an important decision they made, why they made it, and its outcome) • Decision Making Scale ("Decision Meter" – Students rate how confident, informed, and responsible their decisions are using a simple scale) • The Deciding Factor ("Most Important Factor" – Students compare options in a scenario and identify the factor that influenced their final choice) • What should I Purchase? ("Smart Shopper Challenge" – Groups compare products based

	PROBLEM SOLVING	on need, quality, price, and value before making a purchase decision) • Conflict Management ("Conflict Resolution Role-Play") – Students enact common conflicts and practice peaceful solutions) • The Problem-Solving Approach ("Problem-Solving Steps Activity") – Students work through a real-life problem using a step-by-step problem-solving model) • Puzzle Game ("Team Puzzle Challenge") – Groups solve a puzzle collaboratively to develop problem-solving and cooperation skills) • Dr. Me ("Advice Clinic") – Students act as counsellors and suggest solutions to age-appropriate problems presented by peers) • Helping Friends 'I Can Help You' ("Peer Support Circle") – Students discuss ways to support friends facing academic, emotional, or social difficulties)
DECEMBER	COPING WITH STRESS	• Coping with Emotions ("Emotion Coping Cards") – Students match difficult emotions with healthy coping strategies) • Just Chill Out ("Relaxation Practice") – Guided deep breathing and simple mindfulness exercises for stress relief) • Positive Stress and Stress Snap ("Stress Sorting Activity") – Students classify situations as positive stress or negative stress and discuss effects) • Coping with Stress ("Stress Management Toolbox") – Students create a personal list of healthy stress-management techniques) • How to Handle your Anger ("Anger Thermometer") – Students identify anger triggers, warning signs, and appropriate calming strategies) • Take Care ("Self-Care Plan") – Students design a weekly self-care routine covering physical, emotional, and social well-being)
JANUARY	CRITICAL THINKING	• Case Study on "I Care for Senior Citizens" ("Case Analysis & Discussion") – Students analyze a case involving an elderly person and suggest ways to provide support and care) • Gender Stereotypes ("Myth or Reality?") – Students identify and challenge common gender stereotypes through group discussion) • Analyzing Self-Perception "I am not beautiful" ("Mirror of Strengths") – Students list personal

		qualities and strengths beyond physical appearance and share reflections) • Safe behavior on the road ("Road Safety Simulation") – Students discuss and role-play safe and unsafe road-use situations) • My Subject, My Career, My Choice ("Career Mapping Activity") – Students connect their favorite subjects with possible career paths and future goals) • Beauty is not Skin Deep ("Inner Beauty Gallery") – Students identify admirable character traits in themselves and others and display them on a class board) • What Size is it ("Perspective Activity") – Students compare how different people may view the same situation differently and discuss perceptions) • You Tell Me ("Open Forum Discussion") – Students share opinions and solutions on a given life-skill topic or real-life situation)
FEBRUARY	CREATIVE THINKING	• Squiggly Squiggles ("Creative Doodle Challenge") – Students transform random squiggles into meaningful drawings and explain their ideas) • Around Me ("Observation Walk") – Students observe their surroundings and identify opportunities, problems, or positive aspects to discuss) • Let's Make Things Better ("Solution Brainstorm") – Groups identify a common school/community issue and suggest practical improvements) • Metaphorically Speaking ("Life Through Metaphors") – Students describe themselves, life, or relationships using metaphors and explain their meanings) • Take a Second Look ("Different Perspectives Activity") – Students analyze an image or situation from multiple viewpoints before drawing conclusions) • Picture Stories ("Story from a Picture") – Students create and narrate a story based on a given image) • A Thousand Words ("Picture Interpretation") – Students express thoughts, emotions, and messages conveyed by a photograph or visual stimulus)